

The path to the goal



Self evaluation Basic

Name	A	B	C	D
Are you able to	Yes	Never practiced	Unsure / need to practice	
*applies to you who practice with a manually shifted car				
1 Start and stop softly				
2 Creeping driving / crawling				
3 Crawling uphill				
4 Crawling downhill				
5 Shift up without jerks *				
6 Shift down without jerks *				
7 Shift down and brake at the same time *				
8 Start on a slope *				
9 Keep the car still on a slope by catching the car *				
10 Start on a slope with handbrake *				
11 Start downhill *				
12 Reverse on a slope				
13 Reverse straight at least 10 meters				
14 Reverse around corners				
15 Reverse in between parked cars				
16 Parallel parking				
17 Park by driving and backing into pockets				
18 Park in angled places				
19 Turn around in three and four-way intersection				
20 Three point turns				
21 Effective brake / panic brake				
22 Look in the interior mirror, side mirror and blind spot				
23 Look in the interior mirror, side mirror and blind spot before signal				
24 Look in mirrors and blind spot before signal when you take off				
25 Look in mirrors and blind spot before signal when turning				
26 Look in the interior mirror as you enter a new street				
27				

The steps are checked and approved by a trained driving instructor approved by Transportstyrelsen

Datum Signatur
Namnförtydligande

Self evaluation City

Name	A	B	C	D
Are you able to / Do you know	Yes	Never practiced	Unsure / need to practice	
*applies to you who practice with a manually shifted car				
1 Discover all side roads				
2 How the right rule works				
3 Apply the right rule				
4 How the exit rule works				
5 Apple the exit rule				
6 How the bus rule works				
7 Apple the bus rule				
8 How traffic lights work				
9 Who has green at the same time in traffic light-regulated intersections				
10 Who you might have to give in to when you have the green light				
11 Position yourself correctly before intersections				
12 Position yourself close to the center line before turning left				
13 Position yourself close to the right edge before turning right				
14 Position yourself right on the new street after you turn				
15 Read traffic before entering roundabouts so you avoid stopping				
16 Position yourself right before, in and after circulation places				
17 Position yourself correctly to drive the 2 exit out of the roundabouts				
18 Position yourself correctly to drive the 3 exit out of the roundabouts				
19 Position yourself correctly to turn around using the roundabouts				
20 Read the traffic behind and in front before the lane changes				
21 Change lanes between other vehicles				
22 Get to a place by following signs				
23 Find a suitable place to turn around if / when you drove wrong				
24 Find a suitable place for turning around quickly				
25 Park in a way that does not disturb other traffic				
26				

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Self evaluation High speed

Name	A	B	C	D
Are you able to	Yes	Never practiced	Unsure / need to practice	
*applies to you who practice with a manually shifted car				
1 Accelerate quickly to 90 km/h				
2 Slow down from at least 60 to 0 at a bus stop				
3 Brake clearly before turning				
4 Choose the correct gear before turning*				
5 Position yourself close to the right edge before turning right				
6 Position yourself near the center line before the left turn				
7 Read the traffic and drive safely onto the motorway				
8 Cooperate with other traffic at highway entrances				
9 Choose the right lane on the highway				
10 Change more than one lane in one go				
11 Turn around with the help of a interchange				
12 Find suitable places to turn when / if you drove wrong				
13 Shift down before accelerating overtaking *				
14 Find safe places to overtake				

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